Joy
MENTAL HEALTH GROUP

FOR UNIVERSITY OF MICHIGAN FACULTY & STAFF

P 734-215-5853
F 855-952-2422
ChooseJoyMi.com

Confidential care for U-M employees · Therapy, assessment & telehealth medication

Mental health care near campus for high-performing professionals

Faculty and staff carry heavy loads—research, teaching, clinical work, deadlines, and family life. When stress, burnout, anxiety, or depression start to take a toll, Joy Mental Health Group offers confidential outpatient care at our convenient Ann Arbor office on the Washtenaw Ave corridor—in-person therapy and assessments, plus telehealth medication as available.



NOW ACCEPTING **Immediate clinician availability.** Our team of 20+ clinicians brings a variety of expertise—including 6 who specialize in assessment—so people can get seen quickly. Therapists and medication providers are ready for new clients without a long wait.

WHY U-M EMPLOYEES CHOOSE US

- Therapy for stress, burnout, anxiety, depression, and work–life balance—designed for busy professionals
- Psychological assessments when diagnostic clarity or accommodations questions arise
- Medication management via telehealth only with Stephen Ereg, FNP-C—coordinated with therapy when needed
- Local in-person care near U-M on the Washtenaw Ave corridor, with telehealth as available

WHO WE SERVE

- University of Michigan faculty, staff, and other working professionals in Ann Arbor
- Adults seeking confidential outpatient therapy, assessment, telehealth medication support, or a combination
- People who want accessible care close to campus and the Washtenaw corridor—not a student clinic
- Care guided by Clinical Director Adam Joy, PsyD

Private, professional care that fits around your schedule.

INSURANCE **We accept Aetna · Blue Cross Blue Shield · Blue Care Network · Optum · UnitedHealthcare · Meritain Health · Health Alliance Plan · McLaren Health Plan · Medicaid · Auto insurance (accident-related) · Cash pay.** Many U-M employees use BCBS or BCN through their benefits—call us to verify your plan.

READY TO GET STARTED?

FIND YOUR FIT
ChooseJoyMi.com/fit/
Request an appointment online

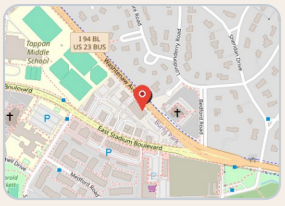
PHONE
734-215-5853
Speak with our team

FAX
855-952-2422
Send records securely

SCAN TO START

ANN ARBOR OFFICE — IN-PERSON + TELEHEALTH

Ann Arbor
2350 Washtenaw Ave Suite 3
Ann Arbor, MI 48104
NEAR U-M · WASHTENAW AVE CORRIDOR



Also serving Michigan with offices in East Lansing, West Bloomfield, and Macomb—ask our intake team about the best fit.

Adam Joy, PsyD
Founder & Clinical Director

Stephen Ereg, FNP-C
Medication management via telehealth only

U-M employees welcome
Appointment fit: ChooseJoyMi.com/fit/