Joy
MENTAL HEALTH GROUP

THOUGHTFUL CARE FOR YOUR NEXT CHAPTER

P 734-215-5853 F 855-952-2422
ChooseJoyMi.com



MEET YOUR THERAPIST

Wendy Svatora, LMSW, ACSW, CCM

Licensed Master Social Worker

Wendy has practiced since 1999, from Ann Arbor community mental health to leadership roles in medical and inpatient care at Beaumont (now Corewell). She offers warm, collaborative, skills-focused telehealth care to teens through older adults facing OCD, eating disorders, trauma, and more.

Immediate availability | **Accepting new clients** | **English**

AREAS OF FOCUS

OCD · Eating disorders + ARFID · Body dysmorphia · ADHD + autism · Trauma · Mood disorders · Personality disorders · Sleep concerns · Older adults

A SUPPORTIVE FIT

- **OCD in all its forms,** including skin picking (excoriation) and hair pulling (trichotillomania).
- **Eating disorders of every type,** including ARFID, plus body dysmorphic disorder.
- **Neurodivergent clients (ADHD and autism)** and trauma survivors, including veterans, first responders, childhood sexual abuse, and medical trauma.
- Also supports **personality disorders, mood disorders, sleep concerns, and older adults,** plus anyone exploring their values and beliefs.

HER APPROACH

- Uses **ERP, EMDR, IFS, and DBT** as flexible tools, not a rigid script.
- Her style is **warm, genuine, and collaborative.**
- Brings **more than 25 years of experience** across community mental health and hospital leadership.
- Loves the lightbulb moments when clients gain real mastery over their symptoms.

INSURANCE Accepts: Blue Cross Blue Shield (BCBS) · Blue Care Network (BCN).

CURRENT AVAILABILITY

Telehealth
Virtual care

Weekdays + weekends
Daytime appointments

Ready to take the next step?

Call **734-215-5853**, email **wendy@joyfamilycenter.com**, or scan to open this clinician's profile.

ChooseJoyMi.com/team/wendy-svatora/