Joy
MENTAL HEALTH GROUP

THOUGHTFUL CARE FOR YOUR NEXT CHAPTER

P 734-215-5853 F 855-952-2422
ChooseJoyMi.com



MEET YOUR CLINICIAN

Seyed Nasab, LLP

Limited License Psychologist

Seyed is a limited license psychologist with experience across hospitals, community mental health, and private practice. He helps clients understand patterns and regulate anxiety, trauma, ADHD, and stress.

Immediate availability | Accepting new clients | English | Assessment available

AREAS OF FOCUS

Anxiety | Depression | Trauma | ADHD | Emotional regulation

A SUPPORTIVE FIT

- **College students, adults, and neurodivergent clients** seeking support for anxiety, trauma, ADHD, or autism-spectrum concerns.
- Focus includes **anxiety, depression, trauma, ADHD, and emotional regulation.**
- **Affirming care for immigrant and multicultural families.**

HIS APPROACH

- Warm, insight-oriented care helps clients notice patterns and regulate stress.
- Draws on **person-centered therapy and mindfulness.**
- Has published on **personality assessment** and brings experience across hospitals, community mental health, and private clinics.

INSURANCE

Accepts: Aetna · Blue Cross Blue Shield · Blue Care Network · Optum · UnitedHealthcare · Meritain Health · Health Alliance Plan · McLaren Health Plan · Medicaid · Auto insurance (accident-related) · Cash pay.

CURRENT AVAILABILITY

Telehealth
Virtual care

Ready to take the next step?

Call **734-215-5853** or scan to open this clinician's profile.

ChooseJoyMi.com/team/seyed-nasab/