Joy
MENTAL HEALTH GROUP

THOUGHTFUL CARE FOR YOUR NEXT CHAPTER

P 734-215-5853 F 855-952-2422
ChooseJoyMi.com



MEET YOUR CLINICIAN

Cimone Safilian, LLP

Limited License Psychologist

Cimone is a limited license psychologist on the therapy and assessment teams. She helps clients understand ADHD, autism, learning differences, anxiety, and emotional or behavioral concerns.

Immediate availability | Accepting new clients | English | Assessment available

AREAS OF FOCUS

Anxiety | Depression | Psychological testing | Neuropsychological testing

A SUPPORTIVE FIT

- **Children, teens, adults, and families** seeking therapy or assessment for ADHD, autism, learning differences, anxiety, or mood concerns.
- Focus includes **anxiety, depression, psychological testing, and neuropsychological testing.**
- **BIPOC-affirming** care that considers the whole person and environment.

HER APPROACH

- Assessment looks beyond test scores to cognitive, emotional, behavioral, and environmental factors.
- Draws on **CBT, psychodynamic, play, person-centered therapy, and testing.**
- Warm, direct, steady, and practical support turns insight into usable tools.

INSURANCE

Accepts: Aetna · Blue Cross Blue Shield · Meritain Health · Health Alliance Plan · McLaren Health Plan · Auto insurance (accident-related) · Cash pay.

CURRENT AVAILABILITY

Ann Arbor	West Bloomfield	Macomb	Telehealth
In-person care	In-person care	In-person care	Virtual care

Ready to take the next step?

Call **734-215-5853** or scan to open this clinician's profile.

ChooseJoyMi.com/team/cimone-safilian/